

1. First-Year Trek Courses (page 126)

Centenary students begin their Trek in their first year with two courses designed to cultivate the habits of mind characteristic of a person educated in the Liberal Arts, including intellectual curiosity, critical inquiry, thoughtful and orderly communication, team-work, problem solving, and respectful engagement with others.

Students are required to take TREK 115/116 in their first year. These courses cannot be dropped except by petition *in extremis*.